Falkirk Health and Social Care Partnership STRATEGIC PLAN 2023 – 2026: EASY READ

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INTRODUCTION



Falkirk Health and Social Care Partnership provides care and treatment in your local community.



This plan shows how we will make things better for people in Falkirk.

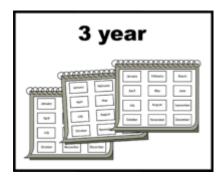


The plan focuses on people's health and social care needs.



Our plan was made with the help of:

- People in Falkirk.
- Families/carers.
- Community groups
- People who work in health and social care.
- Organisations that help people in Falkirk.

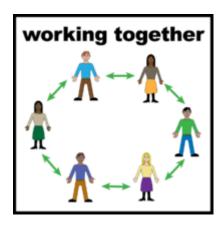


Our plan will be for 3 years, 2023 to 2026.

WHAT WE WANT TO DO



We want everyone to have a better, healthier, happier life.



We will work together to help people stay healthy and do the things they enjoy.

CHALLENGES AND CHANGES



There are many challenges we need to think about when planning how we help people in Falkirk.



People are living longer. This is good, but means more people need help as they get older.



There are lots of people in Falkirk who don't have enough money or resources.



This can affect people's health as they are less likely to have warm homes, eat healthy food, or keep active.



More people are feeling sad or lonely. This means they need help from mental health services.



Because more people need help, because they are living longer, feeling sad, or can't access resources, we need more people to work in our services.

Our workforce needs to grow in the right places, so we provide the right help.

WHAT WF WILL WORK ON

We have 7 important things we will work on to help people live better, healthier lives. These are:



1 - Improving services in the community

We will help people get care and support nearer to where they live.

This means people only go to hospital if they need to, and can get help at home instead.



2- Helping people access the right care, at the right time, from the right person

We will help people understand who can help them, and make it easier to get help from local services.



3 – Helping people earlier

We will make it easier to access healthcare and help people to look after their own health and wellbeing. This means people can sort out little problems before they get worse.



4 – Helping people who help others

There are lots of people who support their friends or family members. We call them 'unpaid carers'.



Unpaid carers help more people to live their lives at home – which is good. But these carers need more help so they can continue giving help.

We will help more unpaid carers to take breaks or get more help.

We will also reach out to more people, who might provide help for others but not realise they can get support from our services. These are called 'hidden carers'.

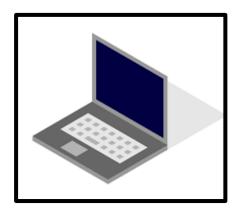
5 – Supporting our staff



We will employ more people to work in our services.

We will also help staff learn new skills, so they can help people in different ways.

6 - Making use of new technology

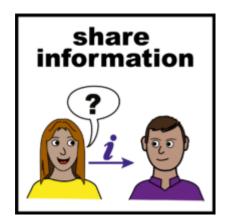


We will make use of new equipment or information to improve people's lives.

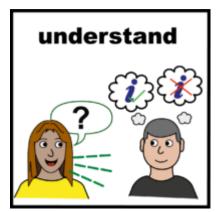
Technology can make services more efficient, helping to support more people.

Technology can also help people manage their own health more – which means staff can help people who need the most help.

7 – Improving how we speak to, and learn from, people in Falkirk



We will speak to more people in Falkirk and help them share their experiences and views.



This will help all of our services understand the problems people have when they

WHAT NEXT?



We'll work on our 7 priority areas, and there will be lots more work going on over the next 3 years.



We will let people know how things are going.



We will also ask people in Falkirk if things are getting better, or worse.



You can learn more about the Strategy and the work of Falkirk Health and Social Care Partnership at www.FalkirkHSCP.org/publications