



Falkirk  
Health and Social Care  
Partnership

# Self Directed Support Easy Read Summary

Survey

Tell us what you think before 21 May

[participateplus.falkirk.gov.uk/en-GB/projects/self-directed-support](https://participateplus.falkirk.gov.uk/en-GB/projects/self-directed-support)

## Who we are



We are Falkirk Health and Social Care Partnership.

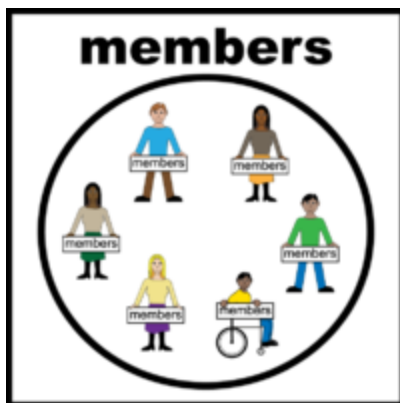
FALKIRK COUNCIL



We bring together Falkirk Council, NHS Forth Valley, and local organisations to deliver services.



Our Board makes decisions about local services.



The Board has people from the council, NHS, voluntary organisations, community groups, and people who use local services.

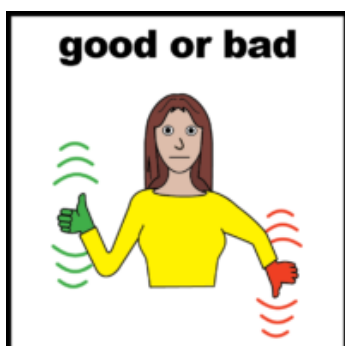
## What this booklet is about



This booklet is about our new Self-Directed Support policy and the help available to you.



The Partnership's Board will decide if the policy is put into place.



They want to know if the policy will be good or bad for you.

If there are problems, they want to find out how they can fix them.



We are collecting your views in an online survey at [participateplus.falkirk.gov.uk](http://participateplus.falkirk.gov.uk)

# What is self-directed support?



Self-directed support is for people who get help that Falkirk Health and Social Care Partnership pays for, like social care and help at home.



Self-directed support helps people to have better lives.

It makes sure people have freedom and choice.



Self-direct support can be used to get help:

- Getting dressed
- Washing
- Taking medicines
- Preparing food
- Travelling
- Taking part in social activities

# Who can access self-directed support in Falkirk?



Anyone who needs social care in Falkirk will use self-directed support.

**This could be:**



People with disabilities or long-term conditions.



People who need support to live independently.



Carers or family members who provide care for someone they know.

# What is in Falkirk's self-directed support policy?



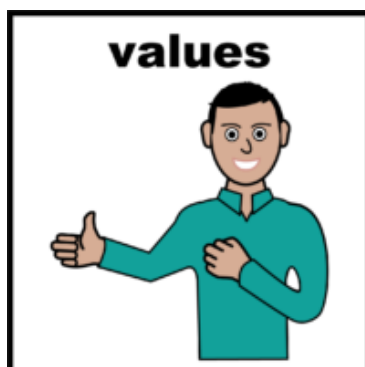
**The new policy says:**  
How people can access social care support.



The four options people can choose from.

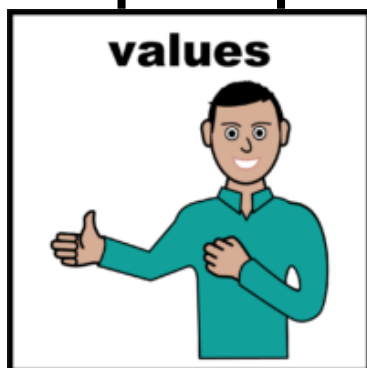


The support available to help people understand the options



The policy is based on principles, which we will tell you about on the next page.

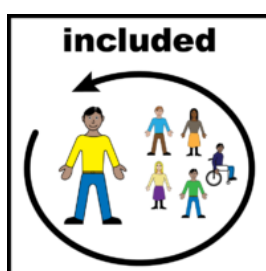
## Our principles



A principle is a type of rule that helps you know what is right and shows you the best way to behave. Falkirk's Self-Directed Support Policy has 4 principles that should be part of all care.



**Principle 1 Participation and dignity** Participation means taking part. Dignity means you are accepted as you are, and other people use good words and actions towards you.



**Principle 2 Involvement** Involvement means being included.



**Principle 3 Informed choice** Informed choice means you have the right information to make good decisions.



**Principle 4 Collaboration** Collaboration is when people or organisations work together.

## Why do we need a **self-directed support** policy?



If you need social care, the law says your council must give 4 options to access support.



Our policy tells you how we will provide these options.



The policy means the same help and information is available to everyone.

## What support is available?

You can choose from four options:



**Option 1: You choose and arrange.**

Money is given to you so you or your carer can choose and arrange your own support and manage the budget.



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**FALKIRK COUNCIL**

## Option 2: You choose and tell

You or your carer choose your support, and Falkirk Council or another organisation arranges your support and manages the money.

**FALKIRK COUNCIL**

## Option 3 We choose and arrange.

Your council chooses and arranges your support and manages the money.



## Option 4

A mix of options 1, 2 and 3.

## Who can help me understand the options?

**FALKIRK COUNCIL**

When your needs are assessed, someone from Falkirk Council will explain the options.



To help you decide you can also ask for more help from a local organisation.

Here are some you can ask for guidance or advocacy support from:



## Self Directed Support Forth Valley

# Self Directed Support Forth Valley

[www.sdsforthvalley.org](http://www.sdsforthvalley.org)



# Forth Valley Advocacy

[www.forthvalleyadvocacy.com](http://www.forthvalleyadvocacy.com)

Falkirk and  
Clackmannanshire Carers  
Centre

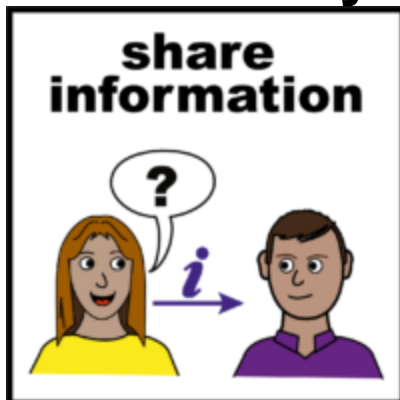
[www.centralcarers.org](http://www.centralcarers.org)



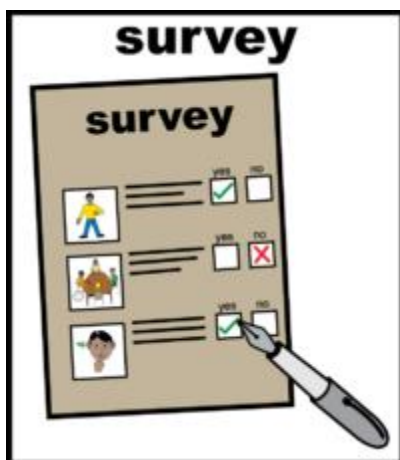
You can also read about  
self-directed support on  
the online handbook:

[www.handbook.scot](http://www.handbook.scot)

## Tell us what you think



We want you to tell us what you think about self-directed support and the new policy.



We have written some questions for you to answer.

This is called a survey.



The survey is online at [participateplus.falkirk.gov.uk](http://participateplus.falkirk.gov.uk)



You do not have to answer all the questions.



We will read all the answers we get and write a summary report.

A summary is a short version that tells you the main information we find out.



The summary report will be published on the Participate plus website.

Our Board members will read the summary.

## Contact us



If you have questions about this booklet or the survey, send an email to [hscpcomms@falkirk.gov.uk](mailto:hscpcomms@falkirk.gov.uk)

This booklet was produced by Falkirk Health and Social Care Partnership with symbols from the [Easy on the i image bank](#).